Groton Senior Center Transportation

USING GROTON SENIOR CENTER TRANSPORTATION

The center provides a *CURB TO CURB* service. All individuals using transportation must complete a Transportation Form. Persons must be able to do activities of daily living independently:

- Travel 200 feet without assistance.
- Climb three 12 inch-steps OR use a
- wheelchair lift.
- Wait outside without support for ten minutes.

Please be aware that the senior center does **not** provide assistance to and from the vehicle.

Groton Senior Center reserves the right to decline transportation services based on their current guidelines for independent transportation.

Making a reservation for a ride

- Call 860-441-6785 before 3pm for making next day reservation—no requests after 3 pm.
- You can book for rides to center, to medical, shopping and bank run at that time.
- Rides to center are on 8AM, 9 AM or 10 AM runs.
- When at the center, ask for the monthly transportation form and you can book all rides for the month at one time.

Cost: \$2.00

SHOPPING

<u>Grocery Shopping</u> – Wednesdays 8-8:30am or 12-12:30 pm pick up

1st and 4th Wednesday – Stop & Shop

2nd Wednesday – Big Y

3rd Wednesday – Shop Rite

5th Wednesday – Big Y

<u>Limit groceries to 2 bags</u> or what you can carry on own

<u>Department Store Shopping</u> – Thursdays 12pm pick up

Leave store at 3:30pm Cost: \$2.00

 $\mathbf{1}^{\text{st}}$ and $\mathbf{5}^{\text{th}}$ Thursday – Walmart & Kohl's

2nd Thursday – Target

3rd Thursday – Christmas Tree Shop & Crystal Mall 4th Thursday – Super Walmart, Waterford

MEDICAL TRANSPORTATION

Call when calendar comes out for the next month, or as soon as possible during the month of your appointment. We can book only **ONE** appointment **PER DAY** for you.

Appointments should be made between 9am and 10:30am or 1pm and 3pm

Groton & Gales Ferry

- ➤ Mondays 9 to 10:30am
- ➤ Tuesdays 1 to 3pm
- ➤ Thursdays 9 to 10:30am
- ➤ Fridays 9 10:30am

New London & Waterford

- Mondays 1 to 3pm
- ➤ Tuesdays 9 to 10:30am
- ➤ Wednesdays 1 to 3pm
- ➤ Thursdays 1 to 3pm
- > Fridays 1 to 3pm

Westerly, Stonington, & Mystic

Wednesdays – 9 to 10:30am

**Note: For medical procedures – we will transport to procedure only – you will need to get separate ride home.

Bank Trips Friday mornings you can book for a trip to your bank. Cost: \$2.00

Municipal Medical Transportation

Medical transportation is available <u>for persons</u> <u>60+</u> and individuals with disabilities through a state grant. **Caregiver Mileage Reimbursement** is also available to reimburse family or friends who drive qualified individuals to appointments.

- Program brochure and information available at front desk.
- You must complete a registration form. Center will fax form to ECT Transportation Consortium.
- Once registered, Call ECTC at 860-859-5794 48 hours in advance. 24 one way rides provided free per year.
- Rides available 24 hours 7 days per week.

ECTC has other transportation options.