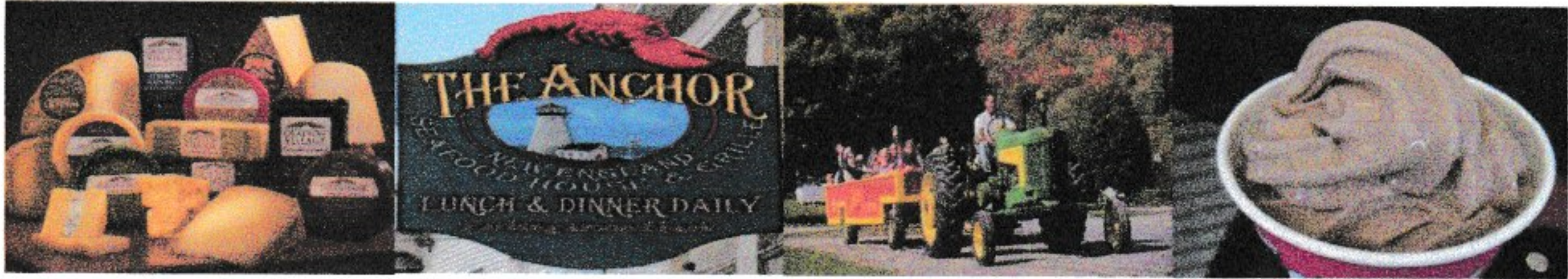


East Lyme Senior Center, Lymes' Senior Center,
and Waterford Senior Services Present:



VERMONT LIVING

GRAFTON VILLAGE CHEESE * THE ANCHOR ADAMS FARM * FLAYVORS OF COOK FARM TUESDAY, OCTOBER 9, 2018

You have probably heard about the up and coming "Farm to Table Movement." Today's tour is similar in that you will explore many of the processes involved in locally raising and producing food.

The day's first stop will be at Grafton Village Cheese in Brattleboro, VT. Here, you will experience the **art of Vermont cheese making**; if you catch them on the right day, you'll be able to see a live demonstration. After eating your way through the store (many samples of cheeses, jams, and much more are provided) and learning about the cheese making process, it is on to lunch.

The Anchor is located in Wilmington's Historical District in a charming replica (the original burnt down in 2010) of a circa 1850's building that originally housed a maple syrup cannery. Today's **lunch** menu will consist of a choice of: Baked Stuffed Sole, Salmon Piccata, Chicken Marsala, or Baked Vegetable Lasagna. Lunch also includes: Salad, Rolls, Coffee, Tea, Iced Tea and Dessert.

Spend the afternoon at the **Adams Family Farm**. You will delight in a pulled wagon ride through the maple sugar grove, to the trout pond, past the old log cabin, and back to the farm for a sheep herding demonstration. During the ride, there will be some stops in which you will learn about the agricultural history of the farm and Vermont. All of this will of course include some Yankee humor. Following the wagon ride, enter the renovated dairy barn for a short agricultural presentation that goes a little more into depth on what they do on the farm, and how it has survived for generations.

On the way home, we will stop at **Flayvors of Cook Farm** located in Hadley, Massachusetts. It has been family owned since 1909. Here, you can have some of their famous ice cream and even pet the cows the milk comes from!

Depart: 8:00AM- *Oswegatchie Fire House, 441 Boston Post Road, Waterford, CT*
8:30 AM- East Lyme Senior Center, 37 Society Road, East Lyme, CT
9:00AM- Lymes' Senior Center, 26 Town Woods Road- Old Lyme, CT

Estimated Return: 9:00- Lymes' Senior Center
9:30- East Lyme Senior Center
10:00- Oswegatchie Fire House

Cost \$99 per person

Please advise meal choice at time of registration.



For Information & Reservations, Contact:

East Lyme Senior Center	860-739-5859
Lymes' Senior Center	860-434-4127
Waterford Senior Services	860-444-5839


Register by September 9, 2018.

No refunds unless seat is re-sold.

Tour Includes: Roundtrip Motor-Coach,
Visit to Grafton Village Cheese, Lunch, Pulled Wagon Ride, Sheep Herding Demonstration,
Ice Cream, All Taxes and Gratuities

Trip Activity Level:  

Trip Categories:  

Tour arranged by: 

Disclaimer: We are in the business that plans far ahead of the tour's start date which can, at times, leave us with a change of itinerary, attraction, meal or accommodation. Due to any unforeseen circumstances, Tours of Distinction, Inc., must reserve the right to change the booked itinerary, attractions, restaurants or accommodations. In such an event, the alternative will be of equal or greater value.

