

October 2020

Sun	Mon	Tue	Wed	Thu	Fri	Sat
				1	2	3
				<p>1:30 pm The Health Benefits of Acupuncture. To register email mmarici@candlewoodvalley.com</p> <p>12:00 Up Close & Personal at CT Beardsley Zoo, 4 Part Series. To Register : https://aarp.cvent.com/Zoo1</p> <p>1:00 pm Passport in Place, to register email cromwellseniorcenter41@gmail.com</p> <p>1:00pm Bingo, to register call 860-589-7895</p> <p>3:00 pm History Lecture Winston Churchill, with J. Day PhD. To register email lisahanse@westharrowfordct.gov</p>	<p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12-1:30 pm Lifelong Learning, the Great Tours. To register email norma.carey@glastonbury-ct.gov</p> <p>1:00 pm Bingo, to register email floodmh@mansfieldct.org</p> <p>2:00 pm American History Lecture with J. Day PhD, Andrew Jackson Hero of Amer. Democracy Part 2, to register call 860-434-4127 or email seniorcenter@oldlyme-ct.gov</p>	<p>Special Event 2:00 pm, Election 2020, The State & Fate Of American Constitutional Democracy. The guest speaker will be Dr. John Finn, a retired Lawyer and Professor of Government Emeritus from Wesleyan University. To register call or email Lyme Public Library at 860-434-2272, programreg@lymepl.org</p>
4	5	6	7	8	9	10

	<p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12:00 Vein Health, to register email lisahanse@westharcfordct.gov</p> <p>1:00 pm Sing A Long, to register email floodmh@mansfieldct.org</p> <p>1:00 pm Quilting to register email cromwellseniorcenter41@gmail.com</p>	<p>11:00 am Medicare Presentation, to register email lgravel@cheshirect.org or call 203-272-8286</p> <p>1:00 pm Soul of America, to register email lisahanse@westharcfordct.gov</p> <p>3:00 pm Trivia, To register email floodmh@mansfieldct.org</p>	<p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12:00 Up Close & Personal at Mystic Aquarium 4 Part Series. To Register https://aarp.cvent.com/Whales</p> <p>1:00 pm Virtual Concert Airborne Jazz Trio, to register email lisahanse@westharcfordct.gov</p> <p>6:30 pm CT Long Term Care Partnership For Long Term Care. To register: https://fplct.librarymarket.com/events/connecticut-partnership-long-term-care-insurance-virtual-seminar</p> <p>7:00 pm AARP Webinar <i>Wednesday: Work at Age 50+: Strategies for a Successful Job Search</i> To register : https://aarp.cvent.com/Jobsoct7WWW</p>	<p>10:00 am Osteoporosis , to register email lgravel@cheshirect.org or call 203-272-8286</p> <p>10:30 am Common Sources of Foot Pain, to register call 860-589-7895</p> <p>12:00 Up Close & Personal at CT Beardsley Zoo, 4 Part Series. To Register https://aarp.cvent.com/Zoo8</p> <p>1:00 Historical Hartford to register email lisahanse@westharcfordct.gov</p> <p>1:00pm Bingo, to register call 860-589-7895</p> <p>3:00 pm History Lecture Winston Churchill, with J. Day PhD. To register email lisahanse@westharcfordct.gov</p>	<p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12-1:30 pm Lifelong Learning, the Great Tours. To register email norma.carey@glastonbury-ct.gov</p> <p>1:00 pm Bingo, to register email floodmh@mansfieldct.org</p>	<p>“New England Vampires and Witches” presented by Tom D’Agostino, Saturday, October 10, 2pm</p> <p>There was a time in New England when witches and vampires roamed the region. Tom D’Agostino has been extensively studying and investigating paranormal accounts for over 38 years. To register email programreg@lymepl.org</p>
11	12	13	14	15	16	17

<p>1:00 pm From Opera to Broadway-Irving Berlin, to register email lisahanse@westharfordct.gov</p>	<p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>1:00 pm Sing A Long, to register email floodmh@mansfieldct.org</p> <p>1:00 pm Quilting to register email cromwellseniorcenter41@gmail.com</p> <p>1:00 Bob Steele on the Radio, to register call 860-721-2979 or amy.miller@wetherfieldct.gov</p>	<p>10:30am Quilter's Workshop, to register call 203-312-5665 or email seniorcenter@newairfield.org</p> <p>2:00 pm Virtual Medicare Changes for 2021, to register call 860-434-4127 or email seniorcenter@oldlyme-ct.gov</p> <p>3:00 pm Trivia, To register email floodmh@mansfieldct.org</p> <p>6:30 pm AARP Fraud Watch Presents-The Con Artist Playlist. To register http://bplct.evanced.info/signup/</p>	<p>10:30 am Planning for Future Care Needs, to register call 860-589-7895</p> <p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12:00 Up Close & Personal at Mystic Aquarium 4 Part Series. To Register https://aarp.cvent.com/Penguins</p> <p>2:00 pm Travel Stories to register email bigelowcenter@fairfieldct.org</p> <p>6:00 pm Do's and Don'ts of Recycling, to register email programreg@lymepl.org</p>	<p>11:00am Banker's Life Medicare Seminar, to register email cromwellseniorcenter41@gmail.com</p> <p>12:00 Up Close & Personal at CT Beardsley Zoo, 4 Part Series. To Register https://aarp.cvent.com/Zoo15</p> <p>1:00pm Bingo, to register call 860-589-7895</p>	<p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12-1:30 pm Lifelong Learning, the Great Tours. To register email norma.carey@glastonbury-ct.gov</p> <p>1:00 pm Bingo, to register email floodmh@mansfieldct.org</p> <p>2:00 pm Current Event Lecture with J. Day PhD, India: An Asian Superpower, to register call 860-434-4127 or email seniorcenter@oldlyme-ct.gov</p> <p>2:00 You have Choices-Medicare Register at www.seniorresource.org</p>	
<p>18</p>	<p>19</p> <p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>1:00 pm Sing A Long, to register email</p>	<p>20</p> <p>1:00 pm Art Chat, To register email bigelowcenter@fairfieldct.org</p> <p>1:00 pm TED Talk-Why it worth</p>	<p>21</p> <p>10:30 am Stocking the Pantry the Smart Way, to register call 860-589-7895</p> <p>11:00 am Yoga to register email</p>	<p>22</p> <p>10:00am Fall Prevention Seminar To register email seniorcenter@oldlyme-ct.gov</p> <p>12:00 Up Close &</p>	<p>23</p> <p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12-1:30 pm Lifelong Learning,</p>	<p>24</p>

	<p>floodmh@mansfieldct.org</p> <p>1:00 pm Quilting to register email cromwellseniorcenter41@gmail.com</p> <p>1:30 pm Getting Started Streaming TV, to register call 860-721-2979 or amy.miller@wethersfieldct.gov</p> <p>3:00 pm Virtual Focused Meditation, to register email cromwellseniorcenter41@gmail.com</p> <p>5:00 pm Reflection Café for persons with Memory loss or other Dementias. To Register Call 203-272-8286 or email lgravel@cheshirect.org</p>	<p>listening to people you disagree with. To register email lisa.hanse@westharrfordct.gov</p> <p>3:00 pm Trivia, To register email floodmh@mansfieldct.org</p>	<p>asaada@cromwellct.com</p> <p>12:00 Up Close & Personal at Mystic Aquarium 4 Part Series. To Register https://aarp.cvent.com/Zoo22</p> <p>1:00 Medicare 2021 Update, to register email John Pitarra at sr.healthinsurance1@gmail.com</p> <p>2:00 Stories from the Attic-Election Edition. To register email bigelowcenter@fairfieldct.org</p>	<p>Personal at CT Beardsley Zoo, 4 Part Series. To Register https://aarp.cvent.com/Zoo22</p> <p>1:00pm Bingo, to register call 860-589-7895</p>	<p>the Great Tours. To register email norma.carey@glastonbury-ct.gov</p> <p>1:00 pm Bingo, to register email floodmh@mansfieldct.org</p> <p>1:15 pm Community Yoga , to register email lgravel@cheshirect.org or call 203-272-8286</p>	
<p>25</p> <p>1:00 pm From Opera to Broadway-Producing Professional Opera, to register email lisahanse@westharrfordct.gov</p>	<p>26</p> <p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>1:00 pm Sing A Long, to register email floodmh@mansfieldct.org</p>	<p>27</p> <p>3:00 pm Trivia, To register email floodmh@mansfieldct.org</p>	<p>28</p> <p>10:30 am Vein Disease, to register call 860-589-7895</p> <p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12:00 Up Close & Personal at Mystic</p>	<p>29</p> <p>1:00pm Bingo, to register call 860-589-7895</p> <p>1:15 pm Preparing your Garden for Winter & Beyond. To register email bigelowcenter@fairfieldct.org</p>	<p>30</p> <p>11:00 am Yoga to register email asaada@cromwellct.com</p> <p>12-1:30 pm Lifelong Learning, the Great Tours. To register email norma.carey@glastonbury-ct.gov</p>	<p>31</p>

	<p>1:00 pm Quilting to register email cromwellseniorcenter41@gmail.com</p>		<p>Aquarium 4 Part Series. To Register https://aarp.cvent.com/AquariumTour</p> <p>1:00 pm Musical Program with Bill Benson, to register call 860-434-4127 or email seniorcenter@oldlyme-ct.gov</p>		<p>1:00 pm Bingo, to register email floodmh@mansfieldct.org</p> <p>2:00 pm A Howling Sing A Long with Dr. Uke, to register email norma.carey@glastonbury-ct.gov</p>	
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