

COASTAL CAFÉ LUNCH

Thrive 55+ Active Living Center 102 Newtown Road, Groton, CT 06340

OPEN TO THE PUBLIC!

ALL ARE WELCOME!

HOURS 8:30 am – 12:45 pm MONDAY - FRIDAY

CONTINENTAL BREAKFAST 8:30 am – 10:30 am LUNCH 11:15 am – 12:45pm

FOR INFO/TAKEOUT Call (860) 441-6771 or 860-441-6785

JANUARY 2022

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
3 MEAT LOAF	4 BBQ CHICKEN LEGS	5 LIVER & ONIONS	6 GRILLED HAM & CHEESE W/ TOMATO SOUP	7 BAKED HADDOCK McLEW'S BRKFT 8:40am	8
10 OVEN FRIED PORK CHOPS	11 STUFFED PEPPERS	12 CHICKEN PARM	13 CRAB CAKES	14 GRILLED CHICKEN BREAST	15
17 CLOSED	18 STUFFED CABBAGE	19 CHIPPY CHICKEN	20 MEAT LASAGNA	21 BAKED TALAPIA	22
24 MONTE CRISTO SANDWICH	25 ROASTED CHICKEN	26 ITALIAN MEAT LOAF	27 SHRIMP ALFREDO	28 CHICKEN CORDON BLEU COUNTRY HOE DOWN dinner dance 5pm	29
31 PULLED PORK SANDWICH		 THRIVE55+ Active Living Center Powered by Groton Senior Center			

HOTLINE MEALS \$6.00

SALAD BAR ITEMS \$1.00 - \$5.00

MEAL HOME DELIVERY MUST BE ORDERED BETWEEN 9 AM - 10:30 AM EXTRA \$2.00 FEE

AS ALWAYS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE