

COASTAL CAFÉ LUNCH

OPEN TO THE PUBLIC!

ALL ARE WELCOME!

HOURS 8:30 am – 12:45 pm M – F

LUNCH 11:15 am – 12:45pm

FOR INFO Call (860) 441-6771 or

DELIVERY ORDERS/INFO/EVENT OR LUCHEON SIGN-UPS Call (860) 441-6785



THRIVE55+
Active Living Center
Powered by Groton Senior Center

JUNE 2023

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
			1 STEVIE C'S CHIPPY CHICKEN	2 MOLASSES GLAZED SALMON	3
5 SALISBURY STEAK	6 GARLIC PARMESAN CHICKEN	7 LIVER & ONIONS	8 CHEDDAR BACON PORK CHOP	9 CRAB CAKES	10 <i>CAR SHOW & Outdoor Market</i>
12 HAM TETRAZZINI	13 MEAT LASAGNA	14 CHICKEN CORDON BLEU	15 BEEF STEW	16 McLEW'S BRKFT 8:45am BAKED COD	17
19 THRIVE55+ CENTER CLOSED	20 Kitchen CLOSED	21 VEGETABLE LASAGNA	22 CHICKEN A LA KING	23 PARMESAN TILAPIA	24
26 MEAT LOAF	27 STUFFED PEPPERS	28 STUFFED CABBAGE	29 CHICKEN CACCIATORE	30 SHRIMP ALFREDO	

HOTLINE MEALS \$6.00

ASSORTED SALAD BAR ITEMS \$1.00 - \$5.00

MEAL HOME DELIVERY MUST BE ORDERED BETWEEN 9 AM - 10:30 AM EXTRA \$2.00 FEE

AS ALWAYS MENU IS SUBJECT TO CHANGE WITHOUT NOTICE