

# Thrive 55+ Transportation Information 860-441-6785

## Using Thrive 55+ Transportation

The center provides a curb to curb service. All individuals using transportation must complete a Transportation Form available at the front desk.

- Service animals accompanying passengers will be allowed.
- Portable O2 and respirators may be used on all vehicles
- If stairs are difficult, please know you have the option to use the lift.
- Take your time boarding for safety.

Please be aware that the senior center does **not** aid to and from the vehicle.

Thrive 55+ reserves the right to decline transportation services based on their current guidelines for independent transportation.

## Making a reservation for transportation

- Call 860-441-6785 **before 3pm** for making next day reservation – **no requests after 3pm for next day.**
- You can book for rides to center, to medical, shopping and bank run at that time.
- Rides to center are on 8AM, 9AM or 10AM runs.
- When at the center, ask for the monthly transportation form and you can book all rides for the month at one time.

## Municipal Medical Transportation

Medical transportation is available for persons 60+ and individuals with disabilities through a state grant. **Caregiver Mileage Reimbursement** is also available to reimburse family or friends who drive qualified individuals to appointments.

- ❖ Program brochure and information available at front desk.
- ❖ You must complete a registration form. Thrive 55+ will fax form to ECTC.
- ❖ Call ECTC at 860-848-5910 48 hours in advance. Twenty-four (24) one way rides provided **beginning 7/1/23.**
- ❖ Rides available 24 hours 7 days a week.

ECTC has other transportation options. Please be sure to ask. This is a grant so when money is used up there are no more rides until next July.

## Medical Transportation

We will only take **ONE** appointment per time slot as listed below, so please call to book your transportation as soon as your doctor's appointment is made. **Please note we now require your appointments to be at specific times listed below.**

**Appointment Times : 9:00, 9:30 or 10:00 AM  
1:00, 1:30 or 2:00 PM**

### Groton & Gales Ferry

- Mondays – 9:00, 9:30 or 10:00 AM
- Tuesdays – 1:00, 1:30 or 2:00 PM
- Thursdays – 9:00, 9:30 or 10:00 AM
- Fridays – 9:00, 9:30 or 10:00 AM

### New London & Waterford

- Mondays – 1:00, 1:30 or 2:00 PM
- Tuesdays – 9:00, 9:30 or 10:00 AM
- Wednesdays – 1:00, 1:30 or 2:00 PM
- Thursdays 1:00, 1:30 or 2:00 PM
- Fridays – 1:00, 1:30 or 2:00 PM

### Westerly, Stonington, & Mystic

- Wednesdays – 9:00, 9:30 or 10:00 AM

**\*\*Note: For medical procedures – we will transport you there only – you will need to get separate ride home.**

**We will only take you to ONE appointment PER DAY.**

## SHOPPING

**Grocery Shopping – Wednesdays 8:30am or 12-12:30 pm pick up**

1<sup>st</sup> and 4<sup>th</sup> Wednesday – Stop & Shop

2<sup>nd</sup> Wednesday – Big Y

3<sup>rd</sup> Wednesday – Shop Rite

5<sup>th</sup> Wednesday – Big Y

Limit groceries to 2 bags or what you can carry on own.

**Department Store Shopping – Mondays 12pm pick up  
Leave store at 3:30pm Cost: \$2.00**

1<sup>st</sup> and 5<sup>th</sup> Monday – Walmart & Kohl's

2<sup>nd</sup> Monday – Target

3<sup>rd</sup> Monday – Christmas Tree Shop & Crystal Mall

4<sup>th</sup> Monday – Super Walmart, Waterford

### Bank Trips

Friday mornings you can book for a trip to your



**THRIVE55+**  
Active Living Center  
Powered by Groton Senior Center